

MAY 7TH DINGBOCHE - LOBUCHE

I HAD THE BEST NIGHTS SLEEP IN A MONTH AND WOKE WITHOUT A SORE THROAT AND RELUCTANT TO LEAVE THE LOVELY WARM OXYGEN LAYDEN AIR OF DINGBOCHE, NOT TO MENTION HOW NICE IT IS TO SEE SOME GREENERY.

I HAD A NICE BREAKFAST SITTING OUTSIDE WHICH I WAS DELIGHTED TO FIND BAKED BEANS ON THE MENU (NOT SURE HOW WELL THEY WOULD GO DOWN WITH THE ALTITUDE BUT MY INHIBITIONS ON THESE MATTERS ARE GONE!) I SPOKE TO MY SISTER AND TOLD HER OUR SUMMIT WINDOW WAS GETTING PUSHED BACK AND PROVIDED ALL GOES WELL, IT WOULD CUT INTO MY PLANNED GIRLS HOLIDAY IN PHUKET WHICH IM JUST LONGING FOR. IVE JUST GOT TO FOCUS ON THE CLIMB AHEAD AND NOT THINK ABOUT MISSING OUT ON MANGO MARGUERITAS AND PALM TREES GOSSIPING WITH THE GIRLS. MY SISTER IS PREGNANT WITH HER 2ND BABY AND HER DUE DATE IS JULY 10TH SO I REALLY WANT TO SEE HER.. AND MY OTHER GILFRIENDS KAT, TANIA AND VICTORIA.

I THEN DID MY CONFSSIONAL DIARY FOR DISCOVERY, JUST ME AND THE CAMERA WHILST I HAPPILY TALKED IT OUT OF TAPE!! ANDRONICO ANDD I THEN LEFT FOR LOBUCHE WHICH WAS A REALLY NICE WALK AND TOOK US ABOUT 2 AND A HALF HOURS.

BACK AT ECO LODGE WE RECEIVED A WARM WELCOME ANDD WERE SOON HAVING A SAN MIGUEL TOGETHER. WE HAD LUNCH WITH BEN AND SHAUNA WHICH WAS REALLY NICE, AND BEN WHO IS AN INTERESTING CHARACTER TOLD US ABOUT HIS EARLY CAREER HAVING HELPED INDIA SET UP ITS ADVENTURE TRAVEL INDUSTRY. THIS WHOLE DISCOVERY DOCUMENTARY IS HIS BABY. HE HAS CLIMBED EVEREST BEFORE AND GAVE ANDRONICO AND I SOME GOOD TIPS FOR UP HIGH ON THE MOUNTAIN AND RE ITERATED AGAIN THAT PATIENCE IS A VIRTUE IN THIS WAITING GAME FOR A SUMMIT OPPORTUNITY.

THE BIGGEST CO INCIDENCE IS SHAUNA AND I HAVE MET BEFORE AND ONLY JUST FIGURED IT OUT. WHEN I CAME TREKKING TO NEPAL IN 2001, I MET UP WITH 4 CANADIANS AT GORAK SHEP (IT TURNS OUT THE TWO GUYS WERE AMERICAN) BUT I SPENT A LOT OF TIME CHATTING TO A GIRL CALLED JEN ABOUT ALL THE VARIOUS GOINGS ON IN THE KHUMBU REGION.. WELL IT TURNS OUT SHAUNA WAS THE OTHER GIRL ALTHOUGH I DIDNT REALLY SPEAK TO HER THAT MUCH.. SO STRANGE THAT WE ARE BOTH BACK AND HERE TO CLIMB MOUNT EVEREST.

IM NOW TAKING A SIESTA BEFORE DINNER AND I THOUGHT ID UPDATE MY DIARY. SO WE LEAVE TO BRAVE THE DIARRHEA EPIDEMIC TOMORROW, WE HAVE AN INCENTIVE TO ALL OUR COOKS AND SHERPAS AS TO WHO CAN WASH THEIR HANDS THE MOST!! LETS SEE WHAT HAPPENS, I PRAY I DONT GET SICK... OFF TO BASECAMP TO WAIT, WAIT, WAIT!
ADIOS FROM LOBUCHE!